

breakfast menu

served 7 - 11:00 am

mains

POTATO BACON HASH 30

A hearty breakfast-style hash of crispy potatoes, bacon, bell peppers, and onions, topped with melted mozzarella, cherry tomatoes, kale, and a perfectly soy boiled egg.

YOGURT PARFAIT 22

Creamy yogurt layered with crunchy granola, fresh cantaloupe, strawberries, and blueberries for a light, refreshing, and wholesome treat.

PANCAKES 20

Fluffy pancakes made from a rich, buttery batter, served with blueberries, banana, maple syrup, bacon onion jam and a dusting of powdered sugar for a sweet and savory breakfast treat.

WAFFLES 20

Crispy, golden waffles made from a rich, buttery batter, with blueberries and coconut flakes, maple syrup, bacon onion jam, and a light dusting of powdered sugar for a perfect sweet-and-savory treat.

HEALTHY START CONTINENTAL PLATTER 28

Selection of seasonal fruit, choice of yogurt, coconut granola bar, daily fresh baked goods, tropical fruit jam 🌱 🥥

SOURDOUGH TOAST 40

Toasted sourdough topped with creamy guacamole, smoked salmon, romesco sauce, and a vibrant avocado relish for a flavorful, and satisfying bite.

OMELETTE 22

Fluffy, golden eggs folded with mushroom, spinach, onions, mozzarella garnish with feta cheese and choice of meat:
bacon | ham | sausage

RISE & SHINE EGGS 25

add meat 12

Choice of egg(s) accompanied by toast, hash-brown, selection of fruit, house made jam, and whipped butter 🥞

Poached | Scrambled | Over Easy
Sunny Side Up | Well Done

EGGS BENEDICT 25

Classic eggs Benedict with perfectly poached eggs atop freshly baked homemade muffins, ham, and kale drizzled with rich, velvety hollandaise sauce for a luxurious breakfast or brunch treat.

FRENCH TOAST 20

Thick homemade cinnamon bread French toast stuffed with creamy mascarpone and fresh strawberries, topped with a vibrant tropical fruit compote creama de menta for a sweet and indulgent breakfast treat.

BAGELS 30

Freshly baked homemade bagels topped with sesame seeds, served with velvety herb-infused cream cheese, pepperoni, prosciutto and fresh fruit.

smoothies

BANANA PEANUT BUTTER SMOOTHIE 12

banana purée, peanut butter, milk, simple syrup

STRAWBERRY SMOOTHIE 14

strawberry puree, milk, simple syrup

GO-GREEN 18

Green apples, hemp seed, kale, cucumber, mint, kiwi

BUTTER SCOTCH COFFEE SMOOTHIE 20

butter scotch, espresso, milk, simple syrup, whipped cream

hot beverages

Americano 5

Espresso 12

Irish Coffee 24

Cappuccino 15

Café Latte 15

cold beverages

Frozen Coffee 16
Milk | Chocolate Milk 6

Iced or Hot Tea 6
Citrus/Ginger, Raspberries Love, Lemon & Mint

Freshly Squeezed Juice 8
Orange, Watermelon, Sour-Sap, Coconut Water, Cantaloupe, Pineapple, Lime

Mimosa 16
Classic, Poinsettia, Black Velvet

sides

HASH BROWN 10
TOAST 10

FRUIT 12
FRY JACKS 10

MEAT 12
Bacon | Glazed ham |
Italian sausage | Imported salami

embers

All prices are in Belize dollars - inclusive of 12.5% GST.
An additional 10% service charge will be applied.

What's a service charge?



